

Health Events

- The next **Daughters Concerned for Aging Relatives Support Group** meeting will be held on Wednesday, November 4, noon–1:15pm, online. Contact Bobbi G Matchar at 919-660-7509 or bobbi.matchar@duke.edu to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.
- The American Red Cross will host a **Blood Drive** on Thursday, November 5, 11am–5pm, at the Streets at Southpoint (6910 Fayetteville Rd, in the Lower Level Center Court near Nordstrom). Walk-ins are accepted or you can click [here](#) for more info and to set an appointment.
- Senior PharmAssist will hosts its regular **Medicare Basics** webinar on Friday, November 6, 2–3pm. Click [here](#) to register and to attend this *free* Zoom event.
- Garry Crites, the executive director of NAMI North Carolina, will lead a talk, **Faith Connections on Mental Illness: The Saint's Complain—Excellence in Religion and Mental Health**, on Monday, November 9, 3:30–4:30pm. Learn about the concept of a people-oriented approach to dealing with interpersonal relations and treatment of mental illness. Click [here](#) to register and attend this *free* Zoom event. (The meeting ID is 961 5057 9979, and the passcode is 356901.)
- The Durham County Department of Public Health invites faith-based organizations to join the **Durham County Health Ministry Network**. The next quarterly (virtual) meeting will be held on Monday, November 9, 6–7:30pm, where you can learn about training sessions, special events, and grant opportunities for helping and connecting with your congregations and communities. Visit the [Facebook event page](#) for more info, and click [here](#) to register and to attend.
- The **KidsCan!** program has moved online. Ordinarily held in the Duke Cancer Center, KidsCan! encourages young people (ages 4–18) whose parent/guardian has been diagnosed with cancer to talk about their concerns, learn about cancer and its effect on families, and also learn ways to cope. (There's also a group for parents.) Contact Jean Hartford Todd at 919-684-2913 or jean.hartford.todd@duke.edu to register your child(ren) for the Monday, November 9 session from 6 to 8pm.
- The next meeting of the **Duke Dementia Morning Caregivers Support Group (Grey Stone Group)** will be held on Tuesday, November 10, 10:30am, online. Contact Bobbi G Matchar at 919-660-7509 or bobbi.matchar@duke.edu to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.

- The Duke Cancer Patient Support Program's next virtual **Breast and GYN Cancers Support Group** meeting (for patients and their families) will be held on Tuesday, November 10, 5:30–7pm. To register, send an email message to ginger.gialanella@duke.edu or call 919-307-0332.
- The next meeting of the **Younger Onset Support Group** for those with early-onset Alzheimer's and their families will be held on Tuesday, November 10, 7–8:30pm, online. Contact Janeli McNeal at 919-660-7565 or janeli.mcneal@duke.edu to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.
- The American Red Cross will host a **Blood Drive** on Thursday, November 12, 11am–5pm, at the Streets at Southpoint (6910 Fayetteville Rd, in the Lower Level Center Court near Nordstrom). Walk-ins are accepted or you can click [here](#) for more info and to set an appointment.
- The next meeting of the **Duke Dementia Evening Caregivers Support Group** will be held on Thursday, November 12, 6:30pm, online. Contact Natalie Leary at 919-660-7542 to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.
- Duke University Hospital will host **Community Connections—Staying Healthy During the Holiday Season** on Tuesday, November 17, 4:30–5pm. Get tips on how to manage stress and maintain good physical and mental health during this challenging time when so many people are dealing with the expectations of the holiday season plus the isolation due to the coronavirus pandemic. Visit the [Facebook event page](#) for more info, and click [here](#) to attend this *free* Zoom event.
- The next **Daughters Concerned for Aging Relatives Support Group** meeting will be held on Wednesday, November 18, noon–1:15pm, online. Contact Bobbi G Matchar at 919-660-7509 or bobbi.matchar@duke.edu to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.
- The Duke Cancer Patient Support Program's next virtual **Blood and Marrow Transplant Survivorship Support Group** meeting (for patients and their families) will be held on Wednesday, November 18, 4–6pm. To register, send an email message to John.Schweichler@duke.edu or call 919-668-2480.
- The Duke Cancer Patient Support Program's next virtual **Care-giver Support Group** meeting will be held on Thursday, November 19, 5:30–7pm. To register, send an email message to Tracy.Berger@duke.edu or call 919-681-6835.
- The Duke Cancer Patient Support Program's next virtual **General Cancer Support Group** meeting (for patients and their families) will be held on Thursday, November 19, 5:30–7pm. To register, send an email message to Tracy.Berger@duke.edu or call 919-681-6835.

- The Duke University Medical Center will host the 14th annual **Living with Epilepsy: Life Without Limits** on Saturday, November 21, 9am–1pm. This half-day virtual symposium will be *free* and open to all. To register, send an email message to marika.mathew@duke.edu or call 919-681-3344 for the link to this Zoom event.
- The Duke Cancer Patient Support Program's next virtual **Prostate Cancer Support Group** meeting (for patients and their families) will be held on Monday, November 23, 4–6pm. To register, send an email message to John.Schweichler@duke.edu or call 919-668-2480.
- The next meeting of the **Younger Onset Support Group** for those with early-onset Alzheimer's and their families will be held on Tuesday, November 24, 7–8:30pm, online. Contact Janeli McNeal at 919-660-7565 or janeli.mcneal@duke.edu to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.
- The next meeting of the **Duke Dementia Morning Caregivers Support Group (Grey Stone Group)** will be held on Tuesday, December 1, 10:30am, online. Contact Bobbi G Matchar at 919-660-7509 or bobbi.matchar@duke.edu to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.
- The next **Daughters Concerned for Aging Relatives Support Group** meeting will be held on Wednesday, December 2, noon–1:15pm, online. Contact Bobbi G Matchar at 919-660-7509 or bobbi.matchar@duke.edu to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.
- The American Red Cross will host a **Blood Drive** on Friday, December 4, 11am–5pm, at the Streets at Southpoint (6910 Fayetteville Rd, in the Lower Level Center Court near Nordstrom). Walk-ins are accepted or you can click [here](#) for more info and to set an appointment.
- The next meeting of the **Younger Onset Support Group** for those with early-onset Alzheimer's and their families will be held on Tuesday, December 8, 7–8:30pm, online. Contact Janeli McNeal at 919-660-7565 or janeli.mcneal@duke.edu to let her know you'd like to attend. She'll send an email with details on how to join this Zoom meeting.

