

# The Great Outdoors



## **ENO RIVER STATE PARK,**

6101 Cole Mill Rd, Durham, 919-383-1686,  
[ncparks.gov](http://ncparks.gov):

- **The Long Upland Hike**—Sunday, January 6, 10am. Join this moderately challenging, 8+-mile hike that will include the new Fieldstone Trail. Everyone will meet at the Park Office; call to register.
- **Sisters Trek**—Friday, January 11, 9am. This event is designed to introduce women to the world of hiking. Everyone will meet at Cole Mill Access; call to register.
- **Kangaroo Hike**—Saturday, January 12, 10:30am. Parents with toddlers and infants are invited to join this 1.5-mile hike. The group will stop along the way to look around and explore. Everyone will meet at the Fews Ford Picnic Shelter; call to register.
- **Cox Mountain Hike**—Saturday, January 12, 1:30pm. Join a 4- to 5-mile trek around the Cox Mountain Loop and across a suspension bridge. Everyone will meet at the Fews Ford Picnic Shelter; call to register.
- **Sunday Saunter**—January 13, 10:30am. Join a moderate 3- to 4-mile hike along Cole Mill/Bobbit Hole. Everybody will meet in the Cole Mill Access; call to register.
- **Monday Morning Birds**—January 21, 8:30am. Join a bird-watching hike—don't forget your binoculars. Everyone will meet at the Few's Ford Parking Loop; call to register.
- **Dr Martin Luther King Jr Day: Silent Hike**—Monday, January 21, 11am. Join a hike to honor the enslaved people who lived along the Eno River. Learn the history during the introduction and then walk in silence. Everyone will meet at the Park Office; call to register.
- **Friday Night Hike**—January 25, 5pm. Take your flashlight and join a hike in search of some of the park's resident beavers. Everyone will meet at the Fews Ford Parking Loop; call to register.

- **The Looong Hike: Mountains-to-Sea Trail**—Saturday, January 26, 10am. Join this challenging 8-mile hike. Take extra socks—at certain spots the group will splash across the river because some bridges were destroyed by recent hurricanes. Everybody will meet at the Pleasant Green Access; call to register.
- **Winter Reveal** (age 14+)—Wednesday, January 30, 11am. Join an off-trail hike and learn about the communities that had settled along the Eno River. Everyone will meet at the Park Office; call to register.

These are *free* events! Call the Eno River Association at 919-620-9099 or click *here* for more info.



### **FALLS LAKE STATE RECREATION AREA,**

13304 Creedmoor Rd, Wake Forest,  
919-676-1027, [ncparks.gov](http://ncparks.gov):

- **Hike with a Park Ranger**—Saturday, January 12, 10am. Join a hike through Beaver dam and learn about the winter changes that occur throughout the park. Everyone will meet on the Fox Trot Trail in the Beaverdam State Recreation Area.
- **You're Carfting Me Up**—Sunday, January 20, 2pm. Make winter-themed crafts by the fireplace. Everyone will meet in the Rolling View Community Building.
- **Dangerous Plants and Animals**—Saturday, January 26, 2pm. Learn about the plants and animals in the park that you need to stay away from. Everyone will meet at the Beaverdam Shelter 26.

These are *free* events!



### **JORDAN LAKE STATE RECREATION AREA,**

280 State Park Rd, Apex, 919-362-0586,  
[ncparks.gov](http://ncparks.gov):

- **Bald Eagle Count**—Sunday, January 13, 7–8:30am. You're invited to help the New Hope Audubon Society with its quarterly Eagle Count. Everybody will meet on the beach in Poplar Point Campground Beach Area (set your GPS to 558 Beaver Creek Rd, in Apex). Write to [steve.mcmurray@ncparks.gov](mailto:steve.mcmurray@ncparks.gov) for more info.

- **Trail Sisters Trek**—Saturday, January 19, 10am–noon. Women are invited to join a 2.7-mile moderate-level hike as an introduction to enjoying the outdoors through hiking. Everyone will meet on the New Hope Overlook Parking Lot (near the trail); call to register.
- **Junior Ranger Discovery Hike** (ages 6–12) —Sunday, January 20, 1–2pm. Kids can explore the park and learn about the duties of park rangers. Everyone will meet in the Ebenezer Church Beach Parking Lot, near the Ebenezer Church Trail.
- **Snakes of Jordan Lake**—Friday, January 25, 10:30–11:30am. Learn about various species of snakes that live in the park and find out what the difference is between venomous and nonvenomous snakes. Everyone will meet at the Poplar Point Campground Amphitheater (near the Boat Ramp).
- **Birds of the Lower Haw River State Natural Area**—Saturday, January 26, 10–11am. Learn about the area’s bald eagles and migratory waterfowl. Don’t forget your binoculars. Everyone will meet in the Bynum Mill Parking Area.

These are *free* events!



## **WILLIAM B UMSTEAD STATE PARK,**

8801 Glenwood Ave, Raleigh, 919-571-4170,  
[ncparks.gov](http://ncparks.gov):

- **Senior Hike**—Wednesday, January 16, 10am–noon. Join a moderate 2- to 3-mile hike along the Sycamore Trail and back on the Graylyn Multi-Use Trail. Everyone will meet in the Multi-Use Trail Parking Lot (off Hwy 70, exit 287/Glenwood Ave, in Raleigh); call to register.
- **MLK Day of Service Cleanup**—Monday, January 21, 2pm. Help beautify and tidy up the park. Everyone will meet at the Visitors Center; call to register.
- **Night Hike**—Tuesday, January 29, 6pm. Join a nighttime trek with a few quiet, reflective stops along the way. Don’t forget your flashlight. Everyone will meet in the Reedy Creek Parking Lot (off Hwy 50, exit 287/Harrison Ave, in Cary); call to register.

These are *free* events!



## SKY EXPLORATIONS:

- **Skywatching Session**—Sunday, January 20, 10:30pm–12:30am, at the Morehead Planetarium (250 E Franklin St, in Chapel Hill). Meet at the Morehead Sundial and look through one of the telescopes and see if you can follow the Lunar Eclipse. It's *free*; call 919-962-1236 for directions and day-of if weather conditions cause you to wonder if this session will be cancelled. Click *here* for info on the special edition of **Carolina Skies**, a paid event that will be held indoors earlier that evening. Tickets are \$8.25, \$7.25 for kids, students, and seniors.

These are *free* events!



## DURHAM PARKS AND RECREATION OUTDOOR EVENTS:

Click *here* to view Durham Parks and Recreation's "Play More" catalog of classes, outings, and special events. Call 919-560-4355 for more info. You can register for events by going to *dprplaymore.org* and then clicking on "Register Online." Don't forget the activity code.

